



YOU GET  
COMPETENCIES

# FRAMEWORK OF COMPETENCES





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expression competence

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STEM competence

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you

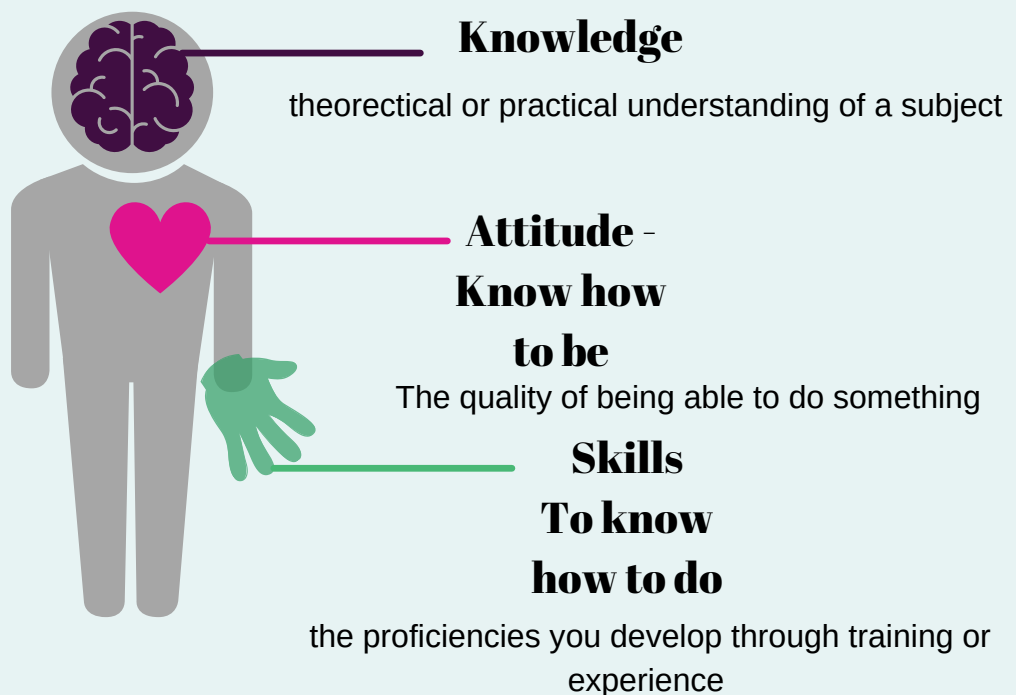
# WHAT'S A COMPETENCE?

A competence can be defined as the ability to apply knowledge, skills and behaviours in an execution situation.

**Hard skills :** These are the technical skills required for a position, which are learned in school, acquired in training or through various professional experiences.

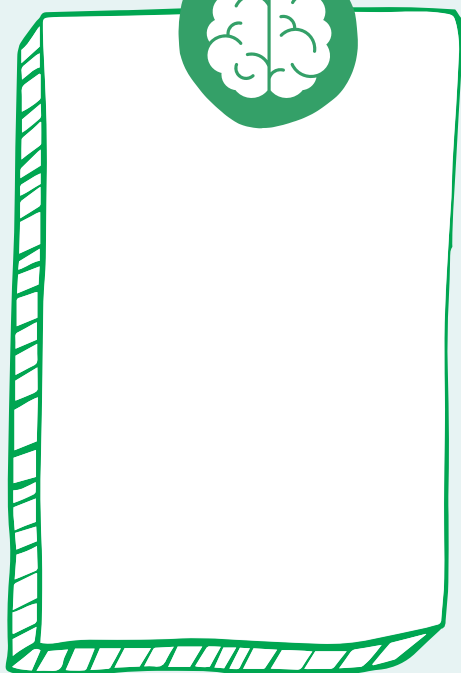
**Soft skills :** They are based on relational and emotional intelligence

**Mad skills:** referred to as " hobby skills " are those skills that can be deduced from the practice of a sport or hobby, and that can have a high added value in the context of work.

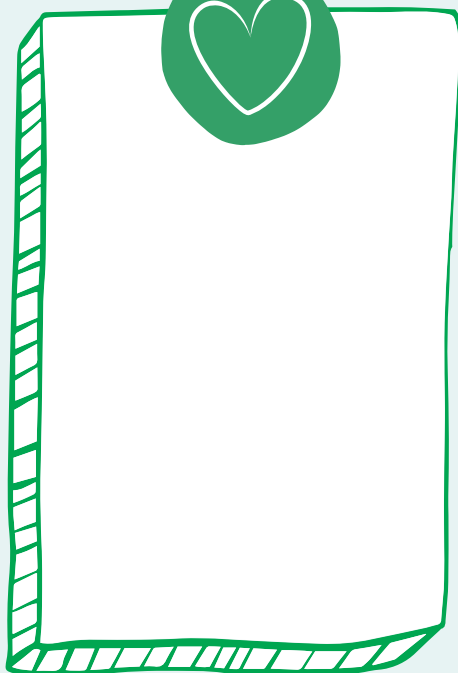


# MULTILINGUAL COMPETENCE

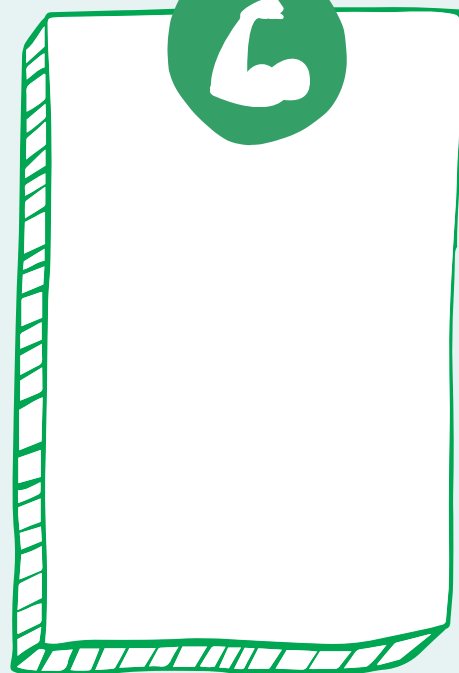
*Is the ability to use different languages for communication and to understand and express thoughts, feelings and facts orally or in writing*



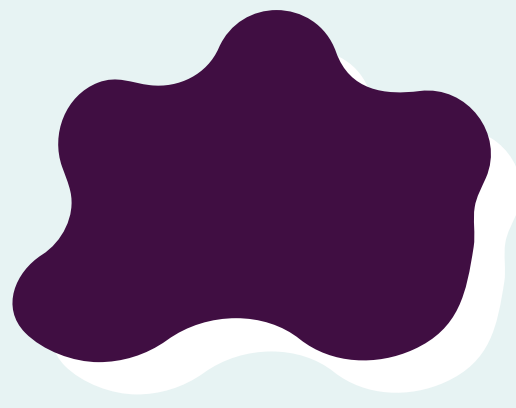
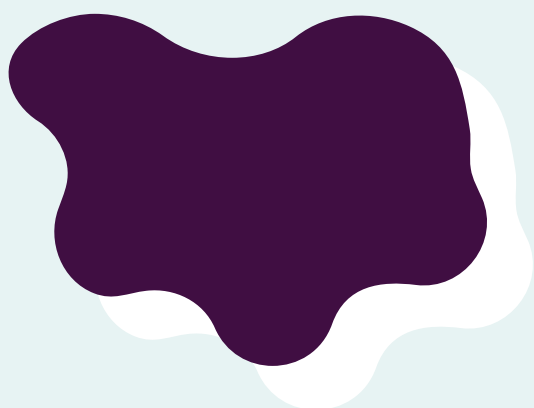
**KNOWLEDGES**



**ATTITUDES**



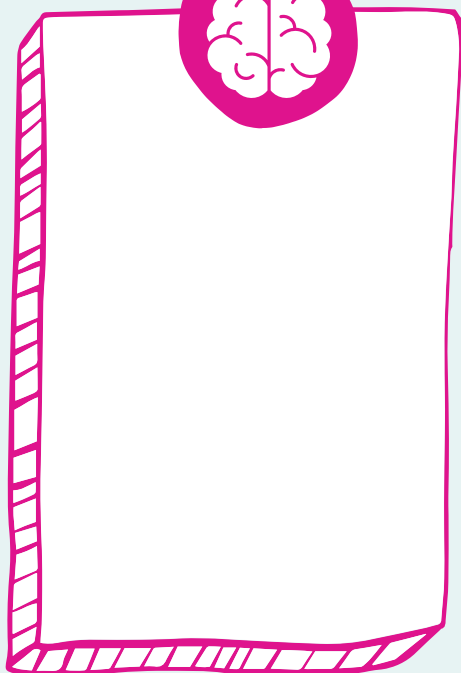
**SKILLS**



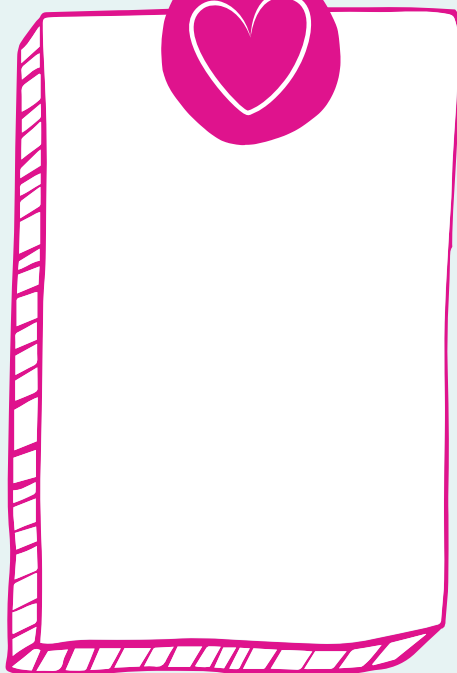
**HOW TO ACQUIRE IT**

# PERSONAL AND SOCIAL COMPETENCE

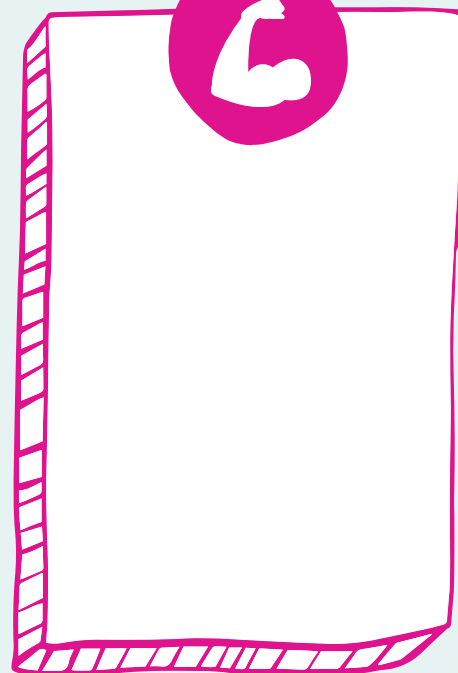
*Is the ability to learn, to manage one's own learning and to reflect on oneself. It is about time and information management.*



**KNOWLEDGES**



**ATTITUDES**



**SKILLS**

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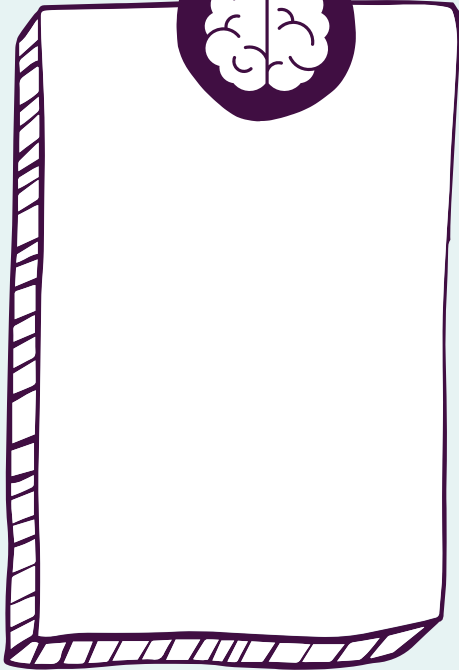
## HOW TO ACQUIRE IT

Informal way :

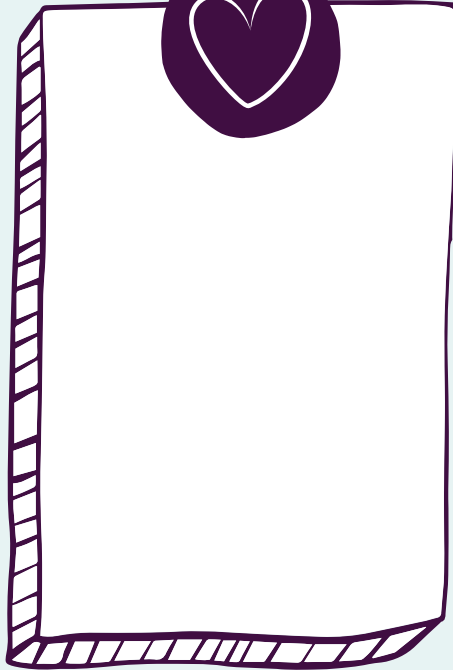
Booklet of activities

# CITIZENSHIP COMPETENCE

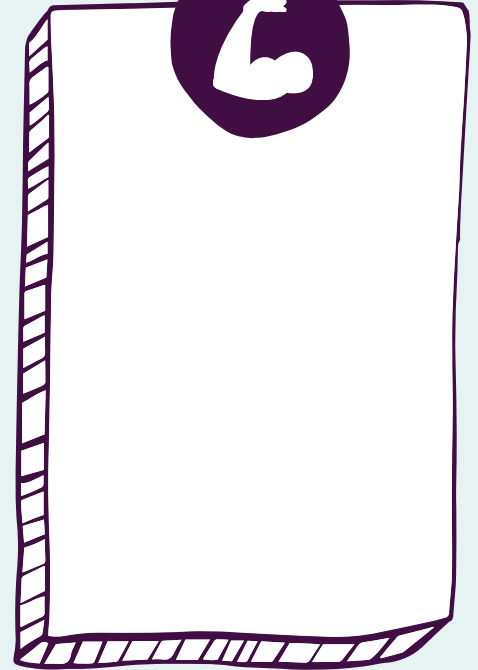
*Is the ability to act as responsible citizens and to fully participate in civic and social life, based on understanding of social, economic, legal and political concepts as well as global developments and sustainability*



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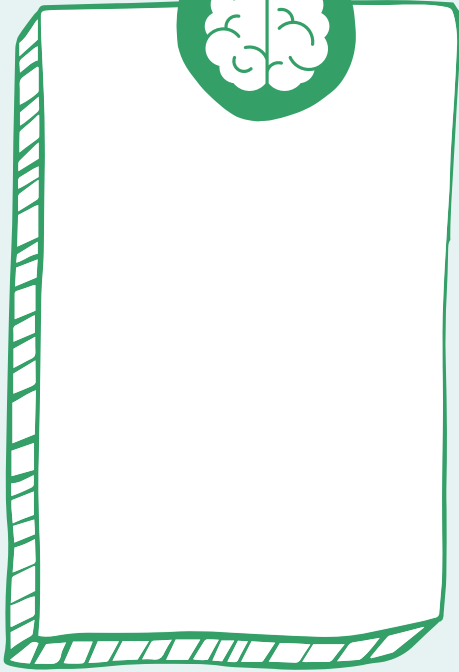
## HOW TO ACQUIRE IT

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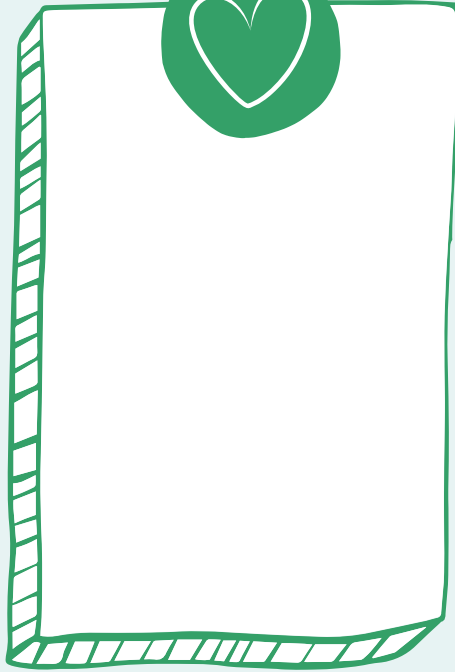
Booklet of activities

# ENTREPREUNERSHIP COMPETENCE

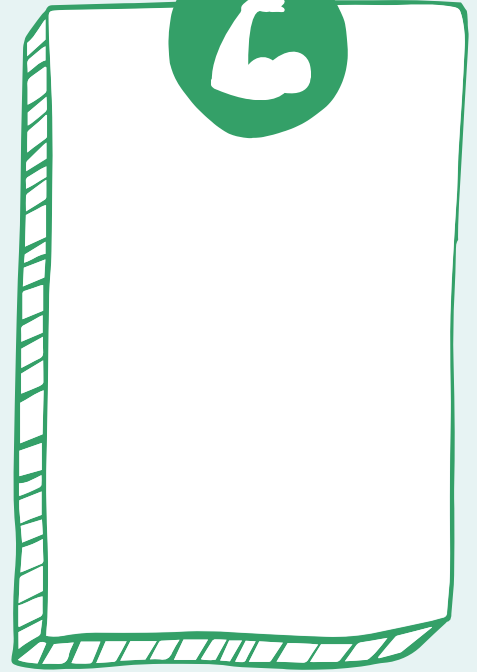
*is the capacity to act upon opportunities and to turn ideas into action that has value for others.*



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## HOW TO ACQUIRE IT

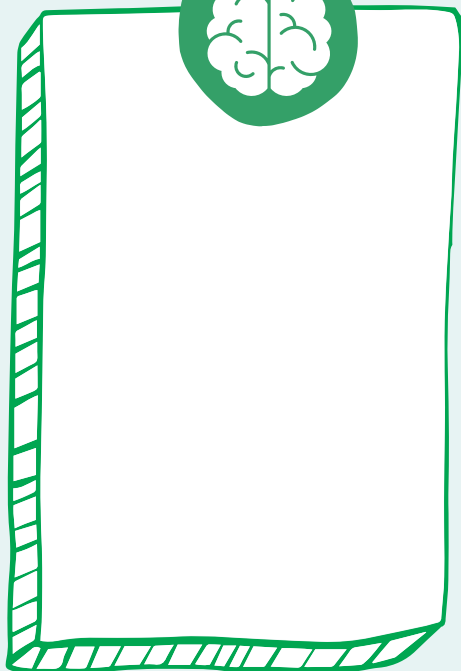
Informal way :

Booklet of activitties

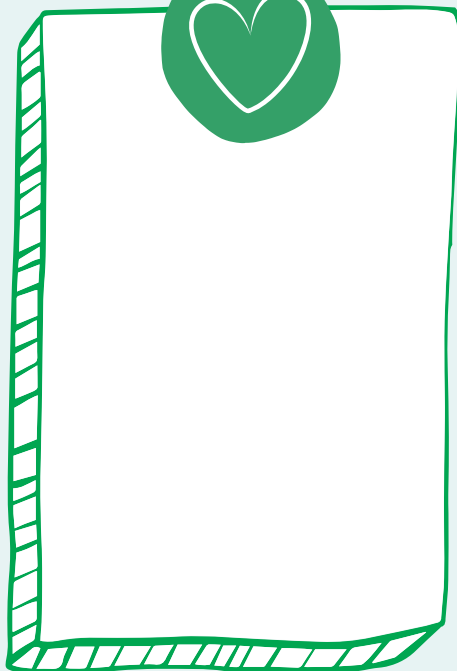


# CULTURE AWARENESS AND EXPRESSION COMPETENCE

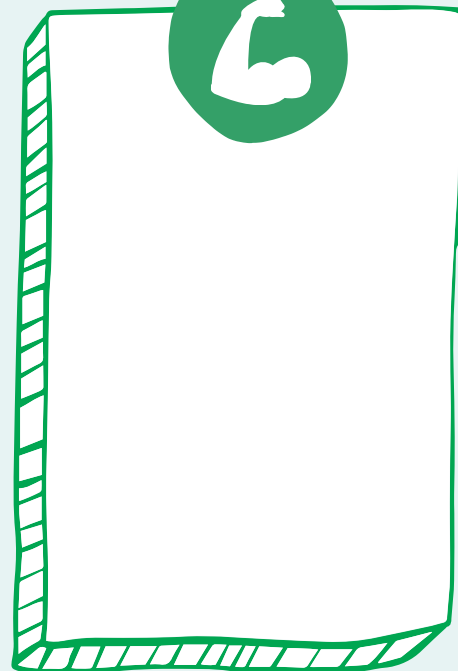
*Is the understanding of how ideas are creatively expressed in different cultures, through different arts. It involves developing and expressing own ideas.*



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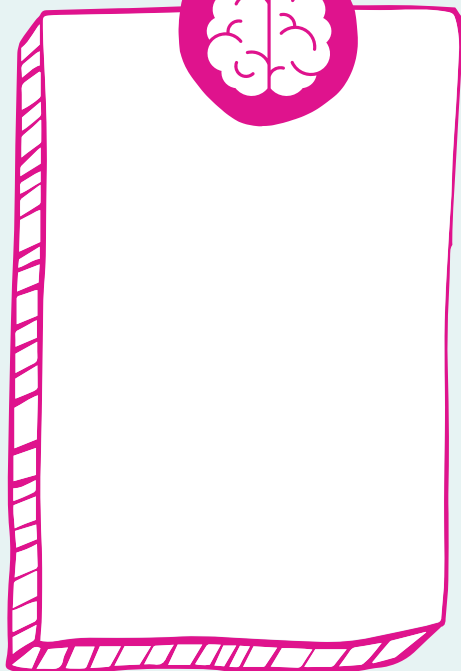
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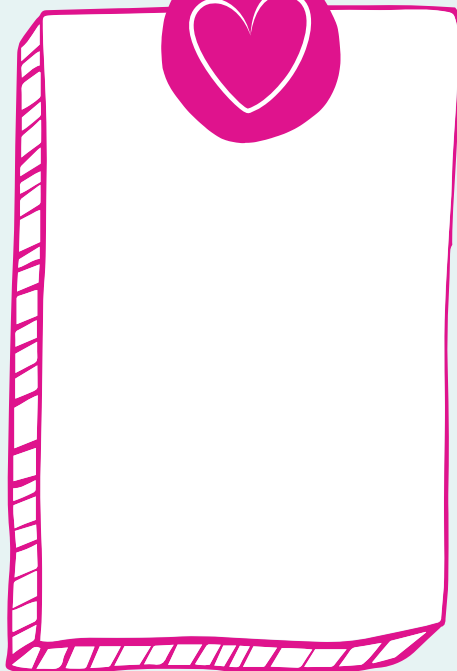
Booklet of activities

# DIGITAL COMPETENCE

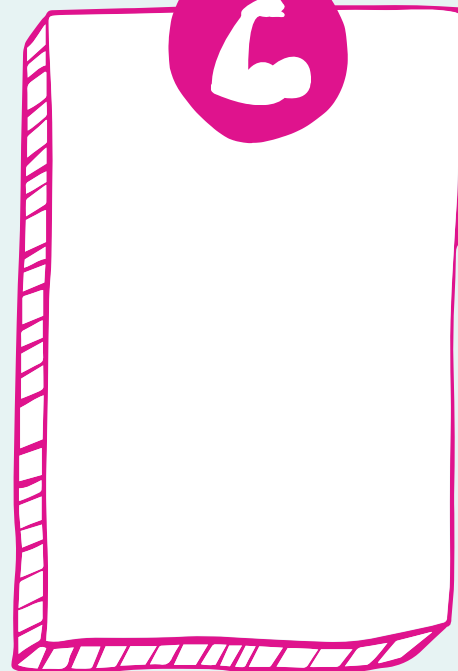
*Digital competence involves the responsible use of digital technologies; communication and collaboration, media literacy, digital content creation, safety, intellectual property related questions, problem solving and critical thinking.*



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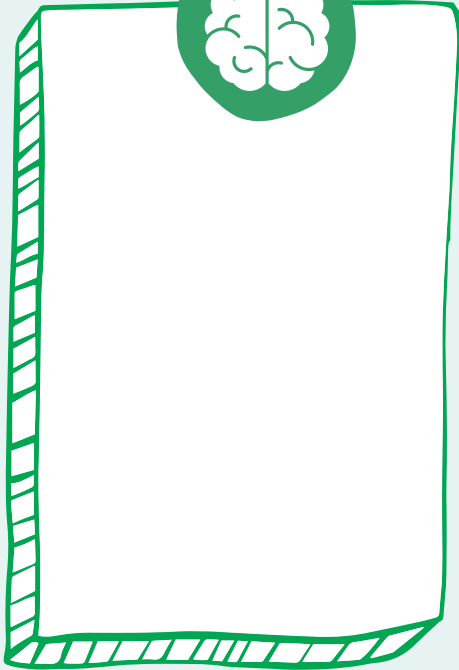
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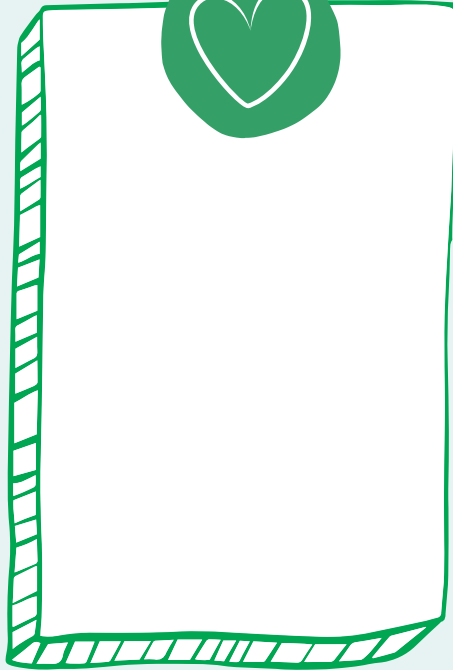
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# S.T.E.M. COMPETENCE

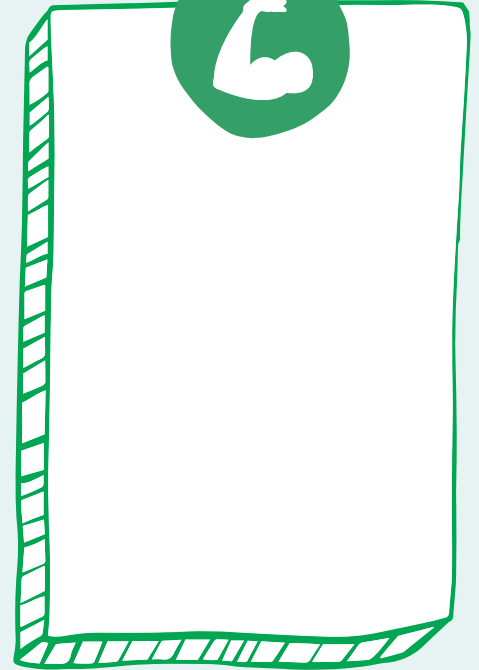
*Is the ability to use mathematical thinking to solve problems in everyday situations. Competence in science refers to the ability to use knowledge; to identify questions and to base opinion on evidence.*



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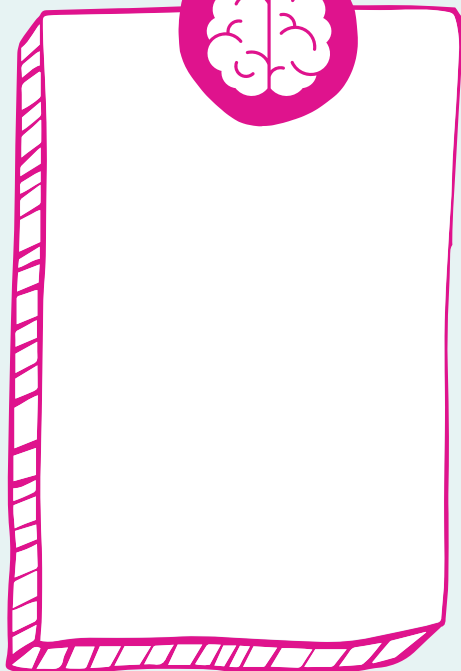
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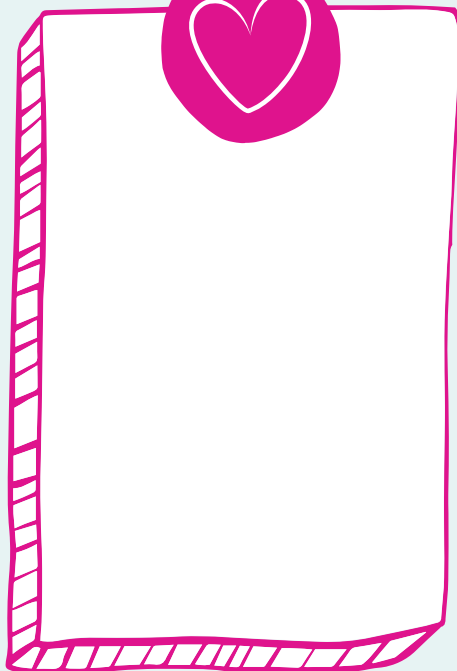
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# LITERACY COMPETENCE

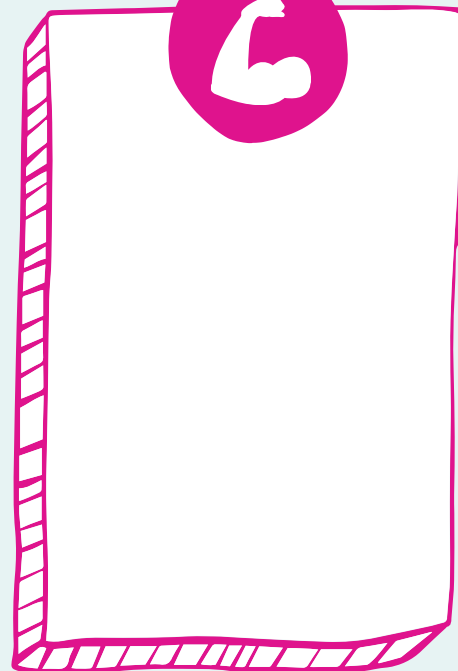
*Is the ability to understand and express thoughts, feelings and facts orally, in writing or in other forms and to interact with others.*



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# STRUCTURES NEAR FROM YOU



Different for each country

It will summarize all the structures, associations, ect that can help youth to acquire new competences



PRODUCED AS PART OF THE "YOU GET  
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Erasmus+

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